

# Transcript 3 – How can we support and empower young children to think about their futures?

DANNY JOE LABRECQUE

“Hello parents and caregivers. My name is Danny Jo LaBrecque. I am a parent and a teacher and a kidsTV show host, and I'm an expert in the language of play. It changes as we get older, we give it different names, but play is a cycle. As we get older, we keep using play in one way or another to process big thoughts, ideas and feelings. To use critical thinking, to use deep empathy to help us navigate the very complex world.

So, in our session we will we will engage in a wonderful play date. I invite you to come out and play. I will bring my puppets and we will project our thoughts and ideas and feelings onto those puppets. And we will practise through the language of play and learn how we can work together to empower our kids for what's coming next in their in their future.”